

**CHICKEN BRST FIL BRD 4 OZ**

FULLY COOKED WHOLE GRAIN BREADED SKINLESS AND BONELESS BREAST MEAT WHOLE MUSCLE CHICKEN FILLET.

Item # **373939**

**Nutrition Facts**

Serving Size :	1EA(4Z,113G)		
Serving Per Container :	120		
<b>Amount Per Serving</b>			
Calories :	216	Calories from Fat :	0
	Per Serving	%Daily Value*	
Total Fat	8.0	12 %	
Saturated Fat	1	5 %	
Trans Fat	0.0 g		
Cholesterol	45.0 mg	15 %	
Sodium	576 mg	24 %	
Total Carbohydrate	16 g	5 %	
Dietary Fiber	2.0 g	8 %	
Sugars	1.0 g	0 %	
Protein	20 g		
	Per Srv	Per Srv	
Vitamin A	4 %	Vitamin C	0 %
Calcium	2 %	Iron	6 %

\*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300g	300g
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g
<b>Calories per gram</b>			
Fat 9	Carbohydrate 4	Protein 4	

**School Equivalents**

Serving Size	1EA(4Z,113G)
Meat/Meat Alternatives	2.000
Fruit/Vegetables	
Grain/Bread	1.000
Milk	
Child Nutrition*	PFS

\*Key: USDA=Item has USDA CN label

BG=Item is in the USDA Buyers Guide for Child Nutrition Program

PFS=Manufacturer has provided a Product Formulation Statement

**Product Specifications:**

MFG Product	UPC	Units/Case	UnitSize/Measure	Serving/Case
7516	10075632075167	6.0	5LB	120

Brand	Class	PBH
GOLD KIST	POULTRY	POULTRY PRECOOKED FROZEN

Gross Wt	Net Wt	Origin	Kosher	Child Nutrition
32.02	30.0		N	Y

**Shipping Information:**

LenXWidthXHt	TIHI	ShellLife	TempZone	Wt Flag
17.1X13.1X11.4	807	365	FROZEN	N

**Allergens:**

Contains	May contain
Milk, Wheat	

**Handling Suggestions:**

KEEP FROZEN, 0F, UP TO 365 DAYS.

**Benefits:**

FULLY COOKED WHOLE GRAIN BREADED SKINLESS AND BONELESS BREAST MEAT WHOLE MUSCLE CHICKEN FILLET.

**Additional Information:**

WHOLE GRAIN RICH

**Ingredients:**

BONELESS, SKINLESS CHICKEN BREAST FILLETS WITH RIB MEAT, WATER, MODIFIED FOOD STARCH, REDUCED SODIUM SEA SALT (SEA SALT, POTASSIUM CHLORIDE, RICE FLOUR), SODIUM PHOSPHATES, SUGAR, BLACK PEPPER, WHITE PEPPER, GARLIC POWDER, YEAST EXTRACT. BREADED WITH: WHOLE WHEAT FLOUR, SALT, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, YEAST, SPICE, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC, DEXTROSE, LEAVENING (SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE). BATTERED WITH: WATER, WHOLE WHEAT FLOUR, MODIFIED CORN STARCH, SALT, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, LEAVENING (CALCIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE), SPICE, MALTODEXTRIN, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC, NATURAL BUTTER FLAVOR. PREDUSTED WITH: WHOLE WHEAT FLOUR, MODIFIED CORN STARCH, SALT, SPICE EXTRACTIVE. BREADING SET IN VEGETABLE OIL.



Information concerning nutritional values and product ingredients, including major food allergens, is obtained solely from the vendor or manufacturer of the specific product, without any edits or filters by PERFORMANCENet or PFG. In most cases, the vendor or manufacturer submits nutritional values to PFG as rounded values and not actual values; therefore, laboratory test results for nutritional content of multi-ingredient menu items may be different from the calculated values using the data provided. PFG does not perform any independent evaluation, review, or screening of the vendor's or manufacturer's compliance with federal, state, or local labeling requirements, or other claims. PERFORMANCENet and PFG provide this information solely as a courtesy, and make no representation concerning its accuracy. Always read the product label before use. PERFORMANCENet and PFG do not warrant or guarantee the information provided by the third party information content providers and expressly disclaim any liability arising therefrom.